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Stretch to De-stress

Central Washington University

Maren Peterson

Central Washington University

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Join us for Yoga at the Brooks Library

Room 288

Stretch to De-stress

Maren Peterson, a Yoga instructor from CWU Recreation Center will lead 30 minute interval sessions to take your mind away from the stress during finals week.

7:00 - 9:00 PM
Thursday, March 12

Light refreshments will be served.
Space is limited per 30 minute session.



CWU is an AA/EEO/Title IX institution.
For accommodations email: DS@cwu.edu

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